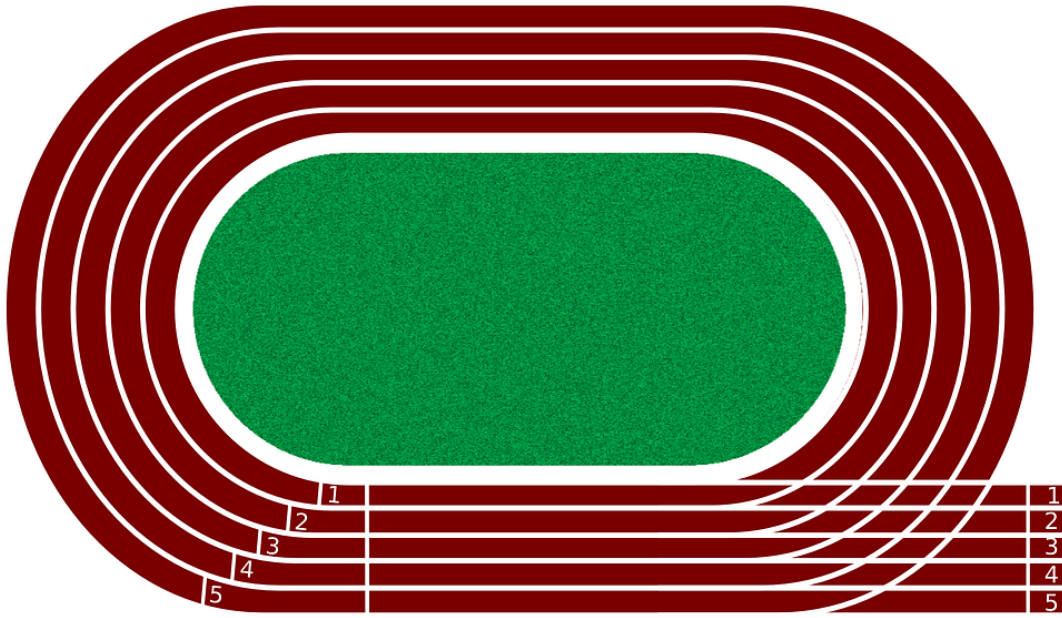


Running, Running, Running



Read the following scenarios. Using an Expo marker, draw the runner's path according to what you read. Use the correct sheet and begin at "Start." Make any observations in your notes packet. Then, answer the questions that are in your notes packet.

Sheet 1

- 1. Rebecca is preparing for the upcoming track season with Ms. Flett and Ms. Harkey. She runs 200m, turns around and jogs back 200m. Draw her path.*
- 2. Matthias decides to run too. He runs 400m, and then turns around and jogs back 200m.*
- 3. Maritza begins running. She runs 200m and stops to stretch. She continues and runs another 300m. Then, she turns around and jogs back 100m.*

Answer the questions in your packet. Please draw diagrams to help you answer them fully and completely.

Start

100m

200m

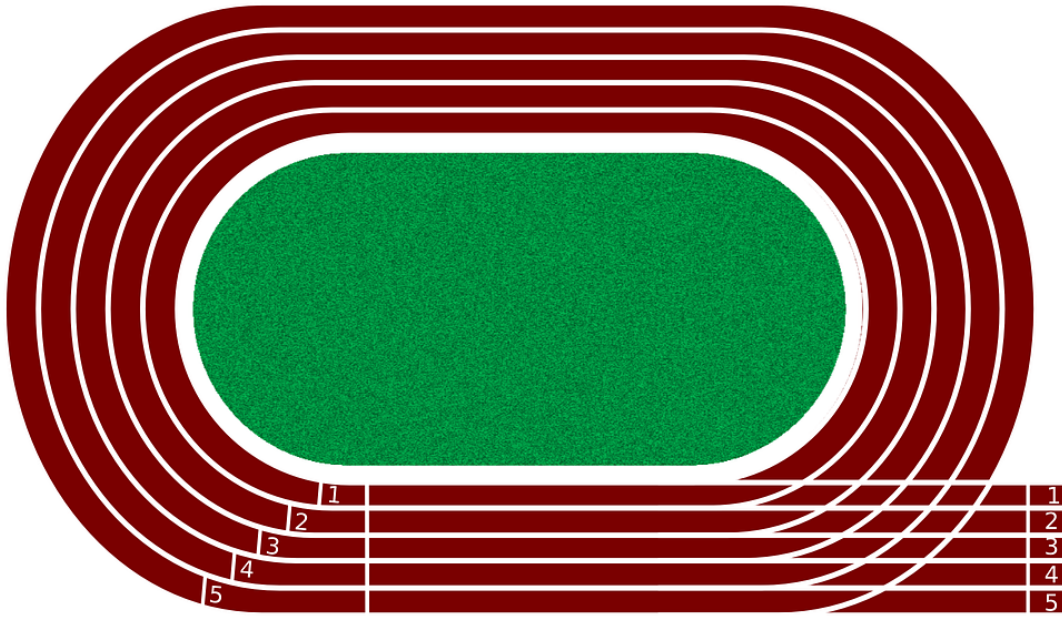
300m

400m

500m

600m

Running, Running, Running



Read the following scenarios. Using an Expo marker, draw the runner's path according to what you read. Use the correct sheet and begin at "Start." Make any observations in your notes packet. Then, answer the questions that are in your notes packet.

Sheet 2

- 1. Miguel runs 200m and then pauses to catch his breath. Then he jogs back 300m.*
- 2. Samanta sprints 100m and then runs back 100m.*
- 3. Nik walks 200m. Then, he jogs back 100m and turns around, and sprints forward 200m.*

Answer the questions in your packet. Feel free to draw diagrams to help you answer them fully and completely.

-300m

-200m

-100m

Start

100m

200m

300m